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NUTRITIONAL INFORMATION

Banana Nut Bread

(non fat)

Serving Size 1 oz (By weight)

Calories	31	Kcal
Fat Cal	0	Kcal
Fat	0	g
Saturated Fat	0	g
Trans Fat	0	g
Cholesterol	2	mg
Sodium	18	mg
Carbs	6	g
Fiber	0	g
Sugars	6	g
Protein	2	g
Vitamin A	0	%DA
Vitamin C	1	%DA
Calcium	5	%DA
Iron	0	%DA

Allergen Information:

Manufactured in a facility that may use soy, nuts, wheat, and eggs.

Milk: YES, Eggs: NO, Nuts: NO, Wheat: NO, Soy: NO

Ingredients:

Grade A Condensed Skim Milk, Filtered Water, Fine Granulated Sugar, Maltodextrin, Vanilla Extract, Guar Gum, Locust Bean Gum, Garrageenan, Dextrose, Natural Caramel Color, Banana Nut Flavor Concentrate, Culture

Blueberry Pomegranate

(non fat)

Serving Size 1 oz (By weight)

Calories	30	Kcal
Fat Cal	0	Kcal
Fat	0	g
Saturated Fat	0	g
Trans Fat	0	g
Cholesterol	0	mg
Sodium	21	mg
Carbs	6	g
Fiber	0	g
Sugars	6	g
Protein	1	g
Vitamin A	0	%DA
Vitamin C	1	%DA
Calcium	3	%DA
Iron	0	%DA

Allergen Information:

Manufactured in a facility that may use soy, nuts, wheat, and eggs.

Milk: YES, Eggs: NO, Nuts: NO, Wheat: NO, Soy: NO

Ingredients:

Cultured Skim Milk, Water, Sugar, Blueberries, Pomegranate Juice Concentrate, Dextrose, Citric Acid, Skimmed Milk Powder, Skimmed Yoghurt Powder, Acidifier, Mono & Diglycerides, Pectin, Guar gum, Polysorbate 80, Carrageenan, Natural and Artificial Flavor, FD&C Red #40, FD&C Blue #1. Contains Active Live Cultures: *S. thermophilus*, *L. bulgaricus*, *L. Acidophilus*, *Bifidobacterium* ssp., *L. rhamnosus*, *L. casei*

BLUEBERRY POMEGRANATE

Blueberry Tart

(non fat)

Serving Size 1 oz (By weight)

Calories	29	Kcal
Fat Cal	0	Kcal
Fat	0	g
Saturated Fat	0	g
Trans Fat	0	g
Cholesterol	0	mg
Sodium	22	mg
Carbs	6	g
Fiber	0	g
Sugars	6	g
Protein	1	g
Vitamin A	0	%DA
Vitamin C	1	%DA
Calcium	3	%DA
Iron	0	%DA

Allergen Information:

Manufactured in a facility that may use soy, nuts, wheat, and eggs.

Milk: YES, Eggs: NO, Nuts: NO, Wheat: NO, Soy: NO

Ingredients:

Cultured Skim Milk, Water, Sugar, Blueberry Flavor (Blueberries, Sugar, Water, Natural Flavor, Pectin, Citric Acid, Red Cabbage Extract (color), Sodium Benzoate, Potassium Sorbate as preservatives), Dextrose, Citric Acid, Skimmed Milk Powder, Skimmed Yoghurt Powder, Acidifier, Mono & Diglycerides, Pectin, Guar gum, Polysorbate 80, Carrageenan, Natural and Artificial Flavor, FD&C Red #40, FD&C Blue #. Contains Active Live Cultures: S. thermophilus, L. bulgaricus, L. Acidophilus

BLUEBERRY TART

NSA

NO SUGAR ADDED

Boysenberry

(non fat)

Serving Size 1 oz (By weight)

Calories	40	Kcal
Fat Cal	0	Kcal
Fat	0	g
Saturated Fat	0	g
Trans Fat	0	g
Cholesterol	1	mg
Sodium	43	mg
Carbs	8	g
Fiber	0	g
Sugars	3	g
Protein	2	g
Vitamin A	0	%DA
Vitamin C	1	%DA
Calcium	6	%DA
Iron	0	%DA

Allergen Information:

Manufactured in a facility that may use soy, nuts, wheat, and eggs.

Milk: **YES**, Eggs: **NO**, Nuts: **NO**, Wheat: **NO**, Soy: **NO**

Ingredients:

Cultured Skim Milk, Maltodextrin, Sorbitol, Polydextrose, Mono & Triglycerides, Guar Gum, Sodium Phosphate, Aspartame, Aciculae Potassium, Locust Bean Gum, Sodium Citrate, Carrageen an, Citric Acid, Natural and Artificial Flavor, FT-C Red #40, FT-C Blue #1
Contains Active Live Cultures: SO. thermopiles, L. burglarious, L. Acidophilus, Bifid bacterium ssp., L. rhamnosus, L. casein

BOYSENBERRY

Cake Batter

(low fat)

Serving Size 1 oz (By weight)

Calories	41	Kcal
Fat Cal	3	Kcal
Fat	0	g
Saturated Fat	0	g
Trans Fat	0	g
Cholesterol	1	mg
Sodium	46	mg
Carbs	9	g
Fiber	0	g
Sugars	6	g
Protein	1	g
Vitamin A	0	%DA
Vitamin C	0	%DA
Calcium	4	%DA
Iron	1	%DA

Allergen Information:

Manufactured in a facility that may use soy, nuts, wheat, and eggs.

Milk: YES, Eggs: YES, Nuts: NO, Wheat: YES, Soy: NO

Ingredients:

Cultured Skim Milk, Sugar, Corn Syrup Solids, High Fructose Corn Syrup, Cake Batter [Enriched Wheat Flour (flour, Iron, Niacin, Thiamine, Mononitrate, Riboflavin, Folic Acid), Sugar, Vegetable Shortening, Nonfat dry Milk, Wheat Starch, Baking Powder, Salt, Modified Food Starch, Egg Whites, Natural & Artificial Flavor], Whey, Maltodextrin, Microcrystalline Cellulose, Mono & Diglycerides, Guar Gum, Carrageenan, Cellulose Gum, Natural and Artificial Flavor, Annatto Color, FD&C Yellow #5. Contains Active Live Cultures: *S. thermophilus*, *L. bulgaricus*, *L. Acidophilus*, *Bifidobacterium* ssp., *L. rhanosus*, *L. casei*.

CAKE BATTER

Cappuccino

(low fat)

Serving Size 1 oz (By weight)

Calories	35	Kcal
Fat Cal	0	Kcal
Fat	0	g
Saturated Fat	0	g
Trans Fat	0	g
Cholesterol	0	mg
Sodium	15	mg
Carbs	8	g
Fiber	0	g
Sugars	5	g
Protein	1	g
Vitamin A	0	%DA
Vitamin C	0	%DA
Calcium	3	%DA
Iron	0	%DA

Allergen Information:

Manufactured in a facility that may use soy, nuts, wheat, and eggs.

Milk: YES, Eggs: NO, Nuts: NO, Wheat: NO, Soy: NO

Ingredients:

Cultured Skim Milk, High Fructose Corn Syrup, Corn Syrup Solids, Sugar, Milk, Cocoa, Maltodextrin, Whey, Mono & DiGlycerides, Guar Gum, Locust Bean Gum, Polysorbate 80, Carrageenan, Natural and Artificial Flavor, Caramel Color. Contains Active Live Cultures: *S. thermophilus*, *L. bulgaricus*, *L. Acidophilus*, *Bifidobacterium ssp.*, *L. rhamnosus*, *L. casei*

CAPPUCCINO

Caramel Cream

(low fat)

Serving Size 1 oz (By weight)

Calories	39	Kcal
Fat Cal	3	Kcal
Fat	0	g
Saturated Fat	0	g
Trans Fat	0	g
Cholesterol	1	mg
Sodium	38	mg
Carbs	8	g
Fiber	0	g
Sugars	6	g
Protein	1	g
Vitamin A	0	%DA
Vitamin C	0	%DA
Calcium	4	%DA
Iron	0	%DA

Allergen Information:

Manufactured in a facility that may use soy, nuts, wheat, and eggs.

Milk: **YES**, Eggs: **NO**, Nuts: **NO**, Wheat: **NO**, Soy: **NO**

Ingredients:

Cultured Skim Milk, Sugar, Corn Syrup, High Fructose Corn Syrup, Milk Solids, Whey, Maltodextrin, Natural and Artificial Flavour (Butter (Cream, Salt), Water, Sugar, Sweetened Condensed Milk (Condensed Skim Milk, Sugar), Natural and Artificial Flavoring, Caramel Color, Annatto, Salt, Carrageenan, Sulfites), Microcrystalline Cellulose, Mono & Diglycerides, Guar Gum, Carrageenan, Cellulose Gum. Contains Active Live Cultures: *S. thermophilus*, *L. bulgaricus*, *L. Acidophilus*, *Bifidobacterium* ssp., *L. rhamnosus*, *L. casei*

CARAMEL CREAM

NSA

NO SUGAR ADDED

Cinnaswirl

(non fat)

Serving Size 1 oz (By weight)

Calories	27	Kcal
Fat Cal	0	Kcal
Fat	0	g
Saturated Fat	0	g
Trans Fat	0	g
Cholesterol	0	mg
Sodium	31	mg
Carbs	6	g
Fiber	1	g
Sugars	2	g
Protein	1	g
Vitamin A	0	%DA
Vitamin C	1	%DA
Calcium	4	%DA
Iron	0	%DA

Allergen Information:

Manufactured in a facility that may use soy, nuts, wheat, and eggs.

Milk: **YES**, Eggs: **NO**, Nuts: **NO**, Wheat: **NO**, Soy: **NO**

Ingredients:

Cultured Skim Milk, Maltodextrin, Sorbitol, Polydextrose, Mono & Diglycerides, Guar Gum, Sodium Phosphate, Aspartame, Acesulfame Potassium, Locust Bean Gum, Sodium Citrate, Carrageenan, Citric Acid, Natural and Artificial Flavor (Polydextrose, Water, Natural & Artificial Flavors, Modified Food Starch, Cinnamon, Caramel Color, Citric Acid, Sodium Benzoate and Potassium Sorbate as Preservatives) Contains Active Live Cultures: *S. thermophilus*, *L. bulgaricus*, *L. Acidophilus*, *Bifidobacterium* ssp., *L. rhamnosus*, *L. casei*

CINNASWIRL

Cheesecake

(non fat)

Serving Size 1 oz (By weight)

Calories	35	Kcal
Fat Cal	0	Kcal
Fat	0	g
Saturated Fat	0	g
Trans Fat	0	g
Cholesterol	0	mg
Sodium	33	mg
Carbs	7	g
Fiber	0	g
Sugars	5	g
Protein	1	g
Vitamin A	0	%DA
Vitamin C	0	%DA
Calcium	4	%DA
Iron	0	%DA

Allergen Information:

Manufactured in a facility that may use soy, nuts, wheat, and eggs.

Milk: YES, Eggs: NO, Nuts: NO, Wheat: NO, Soy: NO

Ingredients:

Cultured Skim Milk, Sugar, Corn Syrup, High Fructose Corn Syrup, Water, Cheese Powder (Non Fat Milk Solids, Lactic Acid, And Cultures) Buttermilk Powder, Natural Flavor, Sugar Sulfites, Milk Solids, Whey, Maltodextrin, Microcrystalline Cellulose, Mono & Diglycerides, Guar Gum, Carrageenan, Cellulose Gum, Propylene Glycol, Caramel Color, Natural and Artificial Flavor, Potassium Sorbate (Perservative), Sodium Benzoate (Perservative), FD&C Yellow 5, DD&C Yellow 6.

CHEESECAKE

Chocolate

(non fat)

Serving Size 1 oz (By weight)

Calories	35	Kcal
Fat Cal	0	Kcal
Fat	0	g
Saturated Fat	0	g
Trans Fat	0	g
Cholesterol	0	mg
Sodium	15	mg
Carbs	8	g
Fiber	0	g
Sugars	5	g
Protein	1	g
Vitamin A	0	%DA
Vitamin C	0	%DA
Calcium	3	%DA
Iron	0	%DA

Allergen Information:

Manufactured in a facility that may use soy, nuts, wheat, and eggs.

Milk: YES, Eggs: NO, Nuts: NO, Wheat: NO, Soy: NO

Ingredients:

Cultured Skim Milk, High Fructose Corn Syrup, Corn Syrup Solids, Sugar, Milk, Cocoa, Maltodextrin, Whey, Mono & DiGlycerides, Guar Gum, Locust Bean Gum, Polysorbate 80, Carrageenan, Natural and Artificial Flavor, Caramel Color. Contains Active Live Cultures: *S. thermophilus*, *L. bulgaricus*, *L. Acidophilus*, *Bifidobacterium* ssp., *L. rhamnosus*, *L. casei*

CHOCOLATE

Chocolate Cherry Jubilee

(non fat)

Serving Size 1 oz (By weight)

Calories	36	Kcal
Fat Cal	0	Kcal
Fat	0	g
Saturated Fat	0	g
Trans Fat	0	g
Cholesterol	0	mg
Sodium	31	mg
Carbs	8	g
Fiber	0	g
Sugars	5	g
Protein	1	g
Vitamin A	0	%DA
Vitamin C	0	%DA
Calcium	3	%DA
Iron	0	%DA

Allergen Information:

Manufactured in a facility that may use soy, nuts, wheat, and eggs.

Milk: **YES**, Eggs: **NO**, Nuts: **NO**, Wheat: **NO**, Soy: **NO**

Ingredients:

Cultured Skim Milk, Corn Syrup, Sugar, High Fructose Corn Syrup, Maltodextrin, Milk Solids, Whey, Cocoa, Microcrystalline Cellulose, Mono & Diglycerides, Guar Gum, Carrageenan, Cellulose Gum, Artificial flavor, propylene glycol, alcohol, invert syrup, Red 40
Contains Active Live Cultures: *S. thermophilus*, *L. bulgaricus*, *L. Acidophilus*, *Bifidobacterium* ssp., *L. rhamnosus*, *L. casei*

CHOCOLATE CHERRY JUBILEE

Cookies n Cream

(low fat)

Serving Size 1 oz (By weight)

Calories	39	Kcal
Fat Cal	5	Kcal
Fat	1	g
Saturated Fat	0	g
Trans Fat	0	g
Cholesterol	2	mg
Sodium	22	mg
Carbs	8	g
Fiber	0	g
Sugars	5	g
Protein	1	g
Vitamin A	0	%DA
Vitamin C	0	%DA
Calcium	3	%DA
Iron	0	%DA

Allergen Information:

Manufactured in a facility that may use soy, nuts, wheat, and eggs.

Milk: YES, Eggs: NO, Nuts: NO, Wheat: YES, Soy: YES

Ingredients:

Skim Milk, Milk, Corn Syrup Solids, Sugar, Cultured Skim Milk, High Fructose Corn Syrup, Whey, Maltodextrin, Chocolate Cookies (Enriched flour (wheat flour, niacin, reduced iron, thiamin mononitrate [vitamin B1], riboflavin [vitamin B2], folic acid), sugar, partially hydrogenated soybean and/or cottonseed oil, cocoa treated with alkali, contains two percent or less of high fructose corn syrup, yellow corn flour, chocolate, baking soda, salt, cornstarch, natural and artificial flavors, soy lecithin, nonfat dry milk), Microcrystalline Cellulose, Mono & Diglycerides, Guar Gum, Carrageenan, Cellulose Gum. Contains Active Live Cultures: *S. thermophilus*, *L. bulgaricus*, *L. Acidophilus*, *Bifidobacterium* ssp., *L. rhamnosus*, *L. casei*

COOKIES N CREAM

Electric Blue Bubble Gum

(non fat)

Serving Size (33g)

Mix Weight (1.16 oz)

Calories	38	Kcal
Fat Cal	0	Kcal
Fat	0	g
Saturated Fat	0	g
Trans Fat	0	g
Cholesterol	1	mg
Sodium	40	mg
Carbs	8	g
Fiber	0	g
Sugars	5	g
Protein	1	g
Vitamin A	0	%DA
Vitamin C	0	%DA
Calcium	5	%DA
Iron	0	%DA

Allergen Information:

Manufactured in a facility that may use soy, nuts, wheat, and eggs.

Milk: **YES**, Eggs: **NO**, Nuts: **NO**, Wheat: **NO**, Soy: **NO**

Ingredients:

Cultured Skim Milk, Sugar, Corn Syrup Solids, High Fructose Corn Syrup, Bubble Gum Flavor (Sugar, Water, Natural and Artificial Flavor, Pectin, Blue 1) Maltodextrin, Whey, Microcrystalline Cellulose, Mono & Diglycerides, Guar Gum, Carrageenan, Cellulose Gum, Milk Solids. Contains Active Live Cultures: *S. thermophilus*, *L. bulgaricus*, *L. Acidophilus*, *Bifidobacterium* ssp., *L. rhamnosus*, *L. casei*.

ELECTRIC BLUE BUBBLE GUM

Egg Nog

(low fat)

Serving Size 1 oz (By weight)

Calories	36	Kcal
Fat Cal	7	Kcal
Fat	0	g
Saturated Fat	0	g
Trans Fat	0	g
Cholesterol	4	mg
Sodium	18	mg
Carbs	8	g
Fiber	0	g
Sugars	6	g
Protein	1	g
Vitamin A	0	%DA
Vitamin C	0	%DA
Calcium	3	%DA
Iron	1	%DA

Allergen Information:

Manufactured in a facility that may use soy, nuts, wheat, and eggs.

Milk: **YES**, Eggs: **YES**, Nuts: **NO**, Wheat: **NO**, Soy: **NO**

Ingredients:

Cultured Skim Milk, Water, Sugar, Orange Juice Concentrate, Cranberry Juice Concentrate, Natural Flavors, Dextrose, Citric Acid, Skimmed Milk Powder, Skimmed Yoghurt Powder, Acidifier, Mono & Diglycerides, Pectin, Guar gum, Carrageenan, Natural and Artificial Flavor, FD&C Red #40, FD&C Blue #1. Contains Active Live Cultures: *S. thermophilus*, *L. bulgaricus*, *L. Acidophilus*,

EGG NOG

Green Apple Tart

(non fat)

Serving Size 1 oz (By weight)

Calories	29	Kcal
Fat Cal	0	Kcal
Fat	0	g
Saturated Fat	0	g
Trans Fat	0	g
Cholesterol	0	mg
Sodium	26	mg
Carbs	6	g
Fiber	0	g
Sugars	6	g
Protein	1	g
Vitamin A	0	%DA
Vitamin C	0	%DA
Calcium	0	%DA
Iron	0	%DA

Allergen Information:

Manufactured in a facility that may use soy, nuts, wheat, and eggs.

Milk: YES , Eggs: NO, Nuts: NO, Wheat: NO, Soy: NO

Ingredients:

Yogurt Base: Water, Cultured Skim Milk, Sugar, Skimmed Milk Powder, Dextrose, Skimmed Yoghurt Powder, Acidifier, Citric Acid, Artificial Flavor, Mono & Diglycerides, Guar gum, Carrageenan, Contains Active Live Cultures: *S. thermophilus*, *L. bulgaricus*, *L. Acidophilus*, *Bifidobacterium* ssp., *L. rhamnosus*, *L. casei*. Syrup: Green Apple Concentrate, Malic Acid, Citric Acid, Natural Flavor, FD&C Green #3, Potassium Sorbate.

GREEN APPLE TART

Green Tea

(non fat)

Serving Size (33g)

Mix Weight (1.16 oz)

Calories	38	Kcal
Fat Cal	0	Kcal
Fat	0	g
Saturated Fat	0	g
Trans Fat	0	g
Cholesterol	1	mg
Sodium	40	mg
Carbs	8	g
Fiber	0	g
Sugars	5	g
Protein	1	g
Vitamin A	0	%DA
Vitamin C	0	%DA
Calcium	5	%DA
Iron	0	%DA

Allergen Information:

Manufactured in a facility that may use soy, nuts, wheat, and eggs.

Milk: **YES**, Eggs: **NO**, Nuts: **NO**, Wheat: **NO**, Soy: **NO**

Ingredients:

Sweet Yogurt Base (Cultured Skim Milk, Sugar, Corn Syrup, High Fructose Corn Syrup, Milk Solids, Whey, Maltodextrin, Microcrystalline Cellulose, Mono & Diglycerides, Guar Gum, Carrageenan, Cellulose Gum - Contains Active Live Cultures: S. Thermophilus, L. Bulgaricus, L. Acidophilus, Bifidobacterium Ssp., L. Rhamnosus, L. Casei.) Matcha Green Tea Powder Mix (Matcha Green Tea, Evaporated Cane Juice.)

GREEN TEA

Green Tea Tart

(non fat)

Serving Size (33g)

Mix Weight (1.16 oz)

Calories	30	Kcal
Fat Cal	0	Kcal
Fat	0	g
Saturated Fat	0	g
Trans Fat	0	g
Cholesterol	1	mg
Sodium	22	mg
Carbs	5	g
Fiber	0	g
Sugars	5	g
Protein	1	g
Vitamin A	0	%DA
Vitamin C	1	%DA
Calcium	5	%DA
Iron	0	%DA

Allergen Information:

Manufactured in a facility that may use soy, nuts, wheat, and eggs.

Milk: **YES**, Eggs: **NO**, Nuts: **NO**, Wheat: **NO**, Soy: **NO**

Ingredients:

Tart Yogurt Base (Water, Cultured Skim Milk, Sugar, Skimmed Milk Powder, Dextrose, Skimmed Yoghurt Powder, Acidifier, Citric Acid, Artificial Flavor, Mono & Diglycerides, Guar Gum, Carrageenan - Contains Active Live Cultures: S. Thermophilus, L. Bulgaricus, L. Acidophilus, Bifidobacterium Ssp., L. Rhamnosus, L. Casei) Matcha Green Tea Powder Mix (Matcha Green Tea, Evaporated Cane Juice.)

GREEN TEA TART



NON-DAIRY

Hawaiian Delight

(non fat)

Serving Size 1 oz (By weight)

Calories	32	Kcal
Fat Cal	0	Kcal
Fat	0	g
Saturated Fat	0	g
Trans Fat	0	g
Cholesterol	0	mg
Sodium	4	mg
Carbs	8	g
Fiber	0	g
Sugars	5	g
Protein	0	g
Vitamin A	0	%DA
Vitamin C	0	%DA
Calcium	0	%DA
Iron	0	%DA

Allergen Information:

Manufactured in a facility that may use soy, nuts, wheat, and eggs.

Milk: NO, Eggs: NO, Nuts: NO, Wheat: NO, Soy: NO

Ingredients:

Water, Sugar, Corn Syrup Solids, High Fructose Corn Syrup, Maltodextrin, Citric Acid Guar Gum, Mono & Diglycerides, Starch, Natural and Artificial Flavor, FD&C Red #40

HAWAIIAN DELIGHT

Lychee Tart

(non fat)

Serving Size 1 oz (By weight)

Calories	29	Kcal
Fat Cal	0	Kcal
Fat	0	g
Saturated Fat	0	g
Trans Fat	0	g
Cholesterol	0	mg
Sodium	20	mg
Carbs	6	g
Fiber	0	g
Sugars	6	g
Protein	1	g
Vitamin A	0	%DA
Vitamin C	0	%DA
Calcium	0	%DA
Iron	0	%DA

Allergen Information:

Manufactured in a facility that may use soy, nuts, wheat, and eggs.

Milk: **YES**, Eggs: **NO**, Nuts: **NO**, Wheat: **NO**, Soy: **NO**

Ingredients:

Yogurt Base: Water, Cultured Skim Milk, Sugar, Skimmed Milk Powder, Dextrose, Skimmed Yoghurt Powder, Acidifier, Citric Acid, Artificial Flavor, Mono & Diglycerides, Guar gum, Carrageenan, Contains Active Live Cultures: *S. thermophilus*, *L. bulgaricus*, *L. Acidophilus*, *Bifidobacterium* ssp., *L. rhamnosus*, *L. casei*. Syrup: lychee Concentrate, Malic Acid, Citric Acid, Natural Flavor, Potassium Sorbate

LYCHEE TART

Maple Pecan

(low fat)

Serving Size 1 oz (By weight)

Calories	37	Kcal
Fat Cal	3	Kcal
Fat	0	g
Saturated Fat	0	g
Trans Fat	0	g
Cholesterol	0	mg
Sodium	30	mg
Carbs	7	g
Fiber	0	g
Sugars	6	g
Protein	1	g
Vitamin A	0	%DA
Vitamin C	0	%DA
Calcium	3	%DA
Iron	0	%DA

Allergen Information:

Manufactured in a facility that may use soy, nuts, wheat, and eggs.

Milk: **YES**, Eggs: **NO**, Nuts: **YES**, Wheat: **NO**, Soy: **YES**

Ingredients:

Cultured Skim Milk, Sugar, Natural Pecan Butter, Corn Syrup, High Fructose Corn Syrup, Maltodextrin, Whey, Maple Syrup, Microcrystalline Cellulose, Mono & Diglycerides, Guar Gum, Carrageenan, Cellulose Gum, Natural Flavor, Soy Lecithin, Caramel Color
Contains Active Live Cultures: *S. thermophilus*, *L. bulgaricus*, *L. Acidophilus*, *Bifidobacterium* ssp., *L. rhamnosus*, *L. casei*

MAPLE PECAN



NON-DAIRY

Mango Sorbet

(non fat)

Serving Size 1 oz (By weight)

Calories	29	Kcal
Fat Cal	0	Kcal
Fat	0	g
Saturated Fat	0	g
Trans Fat	0	g
Cholesterol	0	mg
Sodium	4	mg
Carbs	7	g
Fiber	0	g
Sugars	5	g
Protein	0	g
Vitamin A	0	%DA
Vitamin C	0	%DA
Calcium	0	%DA
Iron	0	%DA

Allergen Information:

Manufactured in a facility that may use soy, nuts, wheat, and eggs.

Milk: NO, Eggs: NO, Nuts: NO, Wheat: NO, Soy: NO

Ingredients:

Water, Sugar, Corn Syrup Solids, Mango Puree, High Fructose Corn Syrup, Maltodextrin, Dextrose, Guar Gum, Mono & Diglycerides, Starch, Citric Acid, Natural and Artificial Flavors, FD&C Yellow #6

MANGO SORBET

Orange Cranberry Tart

(non fat)

Serving Size 1 oz (By weight)

Calories	29	Kcal
Fat Cal	0	Kcal
Fat	0	g
Saturated Fat	0	g
Trans Fat	0	g
Cholesterol	0	mg
Sodium	21	mg
Carbs	6	g
Fiber	0	g
Sugars	6	g
Protein	1	g
Vitamin A	0	%DA
Vitamin C	1	%DA
Calcium	3	%DA
Iron	0	%DA

Allergen Information:

Manufactured in a facility that may use soy, nuts, wheat, and eggs.

Milk: **YES**, Eggs: **NO**, Nuts: **NO**, Wheat: **NO**, Soy: **NO**

Ingredients:

Cultured Skim Milk, Water, Sugar, Orange Juice Concentrate, Cranberry Juice Concentrate, Natural Flavors, Dextrose, Citric Acid, Skimmed Milk Powder, Skimmed Yoghurt Powder, Acidifier, Mono & Diglycerides, Pectin, Guar gum, Carrageenan, Natural and Artificial Flavor, FD&C Red #40, FD&C Blue #1. Contains Active Live Cultures: *S. thermophilus*, *L. bulgaricus*, *L. Acidophilus*,

ORANGE CRANBERRY TART

Orange Cream

(non fat)

Serving Size 1 oz (By weight)

Calories	33	Kcal
Fat Cal	0	Kcal
Fat	0	g
Saturated Fat	0	g
Trans Fat	0	g
Cholesterol	1	mg
Sodium	33	mg
Carbs	7	g
Fiber	0	g
Sugars	5	g
Protein	1	g
Vitamin A	0	%DA
Vitamin C	0	%DA
Calcium	4	%DA
Iron	0	%DA

Allergen Information:

Manufactured in a facility that may use soy, nuts, wheat, and eggs.

Milk: **YES**, Eggs: **NO**, Nuts: **NO**, Wheat: **NO**, Soy: **NO**

Ingredients:

Cultured Skim Milk, Milk, High Fructose Corn Syrup, Sugar, Corn Syrup Solids, Maltodextrin, Whey, Natural and Artificial Flavor, Mono & DiGlycerides, Guar Gum, Locust Bean Gum, Polysorbate 80, Carrageenan, Natural and Artificial Flavor, FD&C Yellow #6. Contains Active Live Cultures: *S. thermophilus*, *L. bulgaricus*, *L. Acidophilus*, *Bifidobacterium ssp.*, *L. rhamnosus*, *L. casei*

ORANGE CREAM

Original Tart

(non fat)

Serving Size 1 oz (By weight)

Calories	29	Kcal
Fat Cal	0	Kcal
Fat	0	g
Saturated Fat	0	g
Trans Fat	0	g
Cholesterol	0	mg
Sodium	30	mg
Carbs	6	g
Fiber	0	g
Sugars	6	g
Protein	1	g
Vitamin A	0	%DA
Vitamin C	1	%DA
Calcium	5	%DA
Iron	0	%DA

Allergen Information:

Manufactured in a facility that may use soy, nuts, wheat, and eggs.

Milk: **YES**, Eggs: **NO**, Nuts: **NO**, Wheat: **NO**, Soy: **NO**

Ingredients:

Water, Cultured Skim Milk, Sugar, Skimmed Milk Powder, Dextrose, Skimmed Yoghurt Powder, Acidifier, Citric Acid, Artificial Flavor, Mono & Diglycerides, Guar gum, Carrageenan. Contains Active Live Cultures: *S. thermophilus*, *L. bulgaricus*, *L. Acidophilus*, *Bifidobacterium* ssp., *L. rhamnosus*, *L. casei*

ORIGINAL TART

Peanut Butter

(low fat)

Serving Size 1 oz (By weight)

Calories	40	Kcal
Fat Cal	7	Kcal
Fat	1	g
Saturated Fat	0	g
Trans Fat	0	g
Cholesterol	0	mg
Sodium	40	mg
Carbs	7	g
Fiber	0	g
Sugars	5	g
Protein	1	g
Vitamin A	0	%DA
Vitamin C	0	%DA
Calcium	3	%DA
Iron	1	%DA

Allergen Information:

Manufactured in a facility that may use soy, nuts, wheat, and eggs.

Milk: **YES**, Eggs: **NO**, Nuts: **YES**, Wheat: **NO**, Soy: **NO**

Ingredients:

Cultured Skim Milk, Sugar, Corn Syrup Solids, Peanut Butter, Whey, Microcrystalline Cellulose, Mono & Diglycerides, Guar Gum, Carrageenan, Cellulose Gum, Natural and Artificial Flavor (propylene glycol, natural and artificial flavor, caramel color). Contains Active Live Cultures: *S. thermophilus*, *L. bulgaricus*, *L. Acidophilus*, *Bifidobacterium* ssp., *L. rhamnosus*, *L. casei*

PEANUT BUTTER

Peach Tart

(non fat)

Serving Size 1 oz (By weight)

Calories	30	Kcal
Fat Cal	0	Kcal
Fat	0	g
Saturated Fat	0	g
Trans Fat	0	g
Cholesterol	0	mg
Sodium	27	mg
Carbs	6	g
Fiber	0	g
Sugars	6	g
Protein	1	g
Vitamin A	0	%DA
Vitamin C	0	%DA
Calcium	0	%DA
Iron	0	%DA

Allergen Information:

Manufactured in a facility that may use soy, nuts, wheat, and eggs.

Milk: **YES**, Eggs: **NO**, Nuts: **NO**, Wheat: **NO**, Soy: **NO**

Ingredients:

Yogurt Base: Water, Cultured Skim Milk, Sugar, Skimmed Milk Powder, Dextrose, Skimmed Yoghurt Powder, Acidifier, Citric Acid, Artificial Flavor, Mono & Diglycerides, Guar gum, Carrageenan, Contains Active Live Cultures: *S. thermophilus*, *L. bulgaricus*, *L. Acidophilus*, *Bifidobacterium ssp.*, *L. rhamnosus*, *L. casei*. Syrup: Peach Concentrate, Malic Acid, Citric Acid, Natural Falvor, FD&C Yellow #6, Potassium Sorbate

PEACH TART

Peanut Butter Cup

(low fat)

Serving Size 1 oz (By weight)

Calories	42	Kcal
Fat Cal	7	Kcal
Fat	1	g
Saturated Fat	0	g
Trans Fat	0	g
Cholesterol	0	mg
Sodium	39	mg
Carbs	8	g
Fiber	0	g
Sugars	6	g
Protein	1	g
Vitamin A	0	%DA
Vitamin C	0	%DA
Calcium	3	%DA
Iron	1	%DA

Allergen Information:

Manufactured in a facility that may use soy, nuts, wheat, and eggs.

Milk: YES, Eggs: NO, Nuts: YES, Wheat: NO, Soy: NO

Ingredients:

Cultured Skim Milk, Corn Syrup Solids, Sugar, High Fructose Corn Syrup, Natural and Artificial Flavor (high fructose corn syrup, cocoa, natural flavor, caramel color, red #40, potassium sorbate, sodium benzoate), Peanut Butter, Skim Milk, Whey, Microcrystalline Cellulose, Mono & Diglycerides, Guar Gum, Carrageenan, Cellulose Gum, Milk Solids. Contains Active Live Cultures: *S. thermophilus*, *L. bulgaricus*, *L. Acidophilus*, *Bifidobacterium* ssp., *L. rhamnosus*, *L. casei*

PEANUT BUTTER CUP

NSA

NO SUGAR ADDED

Pecan Praline

(non fat)

Serving Size 1 oz (By weight)

Calories	26	Kcal
Fat Cal	0	Kcal
Fat	0	g
Saturated Fat	0	g
Trans Fat	0	g
Cholesterol	0	mg
Sodium	32	mg
Carbs	6	g
Fiber	1	g
Sugars	2	g
Protein	1	g
Vitamin A	0	%DA
Vitamin C	1	%DA
Calcium	4	%DA
Iron	0	%DA

Allergen Information:

Manufactured in a facility that may use soy, nuts, wheat, and eggs.

Milk: **YES**, Eggs: **NO**, Nuts: **NO**, Wheat: **NO**, Soy: **NO**

Ingredients:

Cultured Skim Milk, Maltodextrin, Sorbitol, Polydextrose, Mono & Diglycerides, Guar Gum, Sodium Phosphate, Aspartame, Acesulfame Potassium, Locust Bean Gum, Sodium Citrate, Carrageenan, Citric Acid, Natural and Artificial Flavor (Polydextrose, Water, Modified Food Starch, Natural Flavors, Caramel Color, Citric Acid, Sodium Benzoate and Potassium Sorbate as Preservatives). Contains Active Live Cultures: *S. thermophilus*, *L. bulgaricus*, *L. Acidophilus*, *Bifidobacterium* ssp., *L. rhamnosus*, *L. casei*

PECAN PRALINE

Peppermint Twist

(non fat)

Serving Size 1 oz (By weight)

Calories	34	Kcal
Fat Cal	0	Kcal
Fat	0	g
Saturated Fat	0	g
Trans Fat	0	g
Cholesterol	0	mg
Sodium	16	mg
Carbs	8	g
Fiber	0	g
Sugars	5	g
Protein	1	g
Vitamin A	0	%DA
Vitamin C	0	%DA
Calcium	3	%DA
Iron	0	%DA

Allergen Information:

Manufactured in a facility that may use soy, nuts, wheat, and eggs.

Milk: **YES**, Eggs: **NO**, Nuts: **NO**, Wheat: **NO**, Soy: **NO**

Ingredients:

Cultured Skim Milk, Milk, High Fructose Corn Syrup, Sugar, Corn Syrup Solids, Maltodextrin, Whey, Maltodextrin, Mono & DiGlycerides, Guar Gum, Locust Bean Gum, Polysorbate 80, Carrageenan, Natural Flavor, Citric Acid, FD&C Red #40. Contains Active Live Cultures: *S. thermophilus*, *L. bulgaricus*, *L. Acidophilus*, *Bifidobacterium ssp.*, *L. rhamnosus*, *L. casei*

PEPPERMINT TWIST

Pomegranate Energy

(non fat)

Serving Size 1 oz (By weight)

Calories	35	Kcal
Fat Cal	0	Kcal
Fat	0	g
Saturated Fat	0	g
Trans Fat	0	g
Cholesterol	0	mg
Sodium	32	mg
Carbs	8	g
Fiber	0	g
Sugars	6	g
Protein	1	g
Vitamin A	0	%DA
Vitamin C	0	%DA
Calcium	3	%DA
Iron	0	%DA

Allergen Information:

Manufactured in a facility that may use soy, nuts, wheat, and eggs.

Milk: **YES**, Eggs: **NO**, Nuts: **NO**, Wheat: **NO**, Soy: **NO**

Ingredients:

Cultured Skim Milk, Sugar, Corn Syrup Solids, Whey, Maltodextrin, Pomegranate Juice concentrate, Cherry Juice Concentrate, Plum Juice Concentrate, Apple Juice Concentrate, Microcrystalline Cellulose, Mono & Diglycerides, Guar Gum, Carrageenan, Cellulose Gu, Natural and Artificial Flavor. Contains Active Live Cultures: *S. thermophilus*, *L. bulgaricus*, *L. Acidophilus*, *Bifidobacterium* ssp., *L. rhamnosus*, *L. casei*

POMEGRANATE ENERGY

Pumpkin Pie

(non fat)

Serving Size 1 oz (By weight)

Calories	35	Kcal
Fat Cal	0	Kcal
Fat	0	g
Saturated Fat	0	g
Trans Fat	0	g
Cholesterol	0	mg
Sodium	16	mg
Carbs	8	g
Fiber	0	g
Sugars	6	g
Protein	1	g
Vitamin A	0	%DA
Vitamin C	0	%DA
Calcium	3	%DA
Iron	0	%DA

Allergen Information:

Manufactured in a facility that may use soy, nuts, wheat, and eggs.

Milk: **YES**, Eggs: **NO**, Nuts: **NO**, Wheat: **NO**, Soy: **NO**

Ingredients:

Cultured Skim Milk, Milk, High Fructose Corn Syrup, Sugar, Corn Syrup Solids, Pumpkin Puree, Maltodextrin, Whey, Mono & DiGlycerides, Guar Gum, Locust Bean Gum, Polysorbate 80, Carrageenan, Spices (Ginger, Cinnamon, Nutmeg, Allspice, Cloves), Annatto, Caramel Color, Turmeric, FD&C Yellow #6. Contains Active Live Cultures: *S. thermophilus*, *L. bulgaricus*, *L. Acidophilus*, *Bifidobacterium* ssp., *L. rhamnosus*, *L. casei*

PUMPKIN PIE



NON-DAIRY

Watermelon Sorbet

(non fat)

Serving Size 1 oz (By weight)

Calories	37	Kcal
Fat Cal	0	Kcal
Fat	0	g
Saturated Fat	0	g
Trans Fat	0	g
Cholesterol	0	mg
Sodium	5	mg
Carbs	9	g
Fiber	0	g
Sugars	7	g
Protein	0	g
Vitamin A	0	%DA
Vitamin C	0	%DA
Calcium	0	%DA
Iron	0	%DA

Allergen Information:

Manufactured in a facility that may use soy, nuts, wheat, and eggs.

Milk: NO , Eggs: NO, Nuts: NO, Wheat: NO, Soy: NO

Ingredients:

Water, Watermelon Flavor (Water, Cane Sugar, Pear Juice Concentrate, Citric Acid, Natural and Artificial Flavors, Sodium Benzoate as a Preservative, Xanthan Gum, Yellow 5, Blue 1), Sugar, Corn Syrup Solids, High Fructose Corn Syrup, Maltodextrin, Dextrose, Guar Gum, Mono & Diglycerides, Starch, Citric Acid

WATERMELON SORBET

Vanilla

(non fat)

Serving Size 1 oz (By weight)

Calories	35	Kcal
Fat Cal	0	Kcal
Fat	0	g
Saturated Fat	0	g
Trans Fat	0	g
Cholesterol	0	mg
Sodium	20	mg
Carbs	8	g
Fiber	0	g
Sugars	5	g
Protein	1	g
Vitamin A	0	%DA
Vitamin C	0	%DA
Calcium	3	%DA
Iron	0	%DA

Allergen Information:

Manufactured in a facility that may use soy, nuts, wheat, and eggs.

Milk: YES, Eggs: NO, Nuts: NO, Wheat: NO, Soy: NO

Ingredients:

Cultured Skim Milk, Milk, High Fructose Corn Syrup, Corn Syrup Solids, Sugar, Maltodextrin, Whey, Maltodextrin, Mono & DiGlycerides, Guar Gum, Locust Bean Gum, Polysorbate 80, Carrageenan, Vanilla, Natural and Artificial Flavor. Contains Active Live Cultures: *S. thermophilus*, *L. bulgaricus*, *L. Acidophilus*, *Bifidobacterium* ssp., *L. rhamnosus*, *L. casei*

VANILLA

Vanilla Bean

(non fat)

Serving Size 1 oz (By weight)

Calories	34	Kcal
Fat Cal	0	Kcal
Fat	0	g
Saturated Fat	0	g
Trans Fat	0	g
Cholesterol	0	mg
Sodium	33	mg
Carbs	8	g
Fiber	0	g
Sugars	5	g
Protein	1	g
Vitamin A	0	%DA
Vitamin C	0	%DA
Calcium	4	%DA
Iron	0	%DA

Allergen Information:

Manufactured in a facility that may use soy, nuts, wheat, and eggs.

Milk: YES, Eggs: NO, Nuts: NO, Wheat: NO, Soy: NO

Ingredients:

Cultured Skim Milk, Sugar, Corn Syrup Solids, Whey, Maltodextrin, Microcrystalline Cellulose, Mono & Diglycerides, Guar Gum, Carrageenan, Cellulose Gum, Crushed Vanilla Beans, Natural and Artificial Flavor. Contains Active Live Cultures: *S. thermophilus*, *L. bulgaricus*, *L. Acidophilus*, *Bifidobacterium* ssp., *L. rhamnosus*, *L. casei*

VANILLA BEAN

Pineapple Tart

(non fat)

Serving Size 1 oz (By weight)

Calories	24	Kcal
Fat Cal	0	Kcal
Fat	0	g
Saturated Fat	0	g
Trans Fat	0	g
Cholesterol	0	mg
Sodium	17	mg
Carbs	6	g
Fiber	0	g
Sugars	6	g
Protein	1	g
Vitamin A	0	%DA
Vitamin C	0	%DA
Calcium	0	%DA
Iron	0	%DA

Allergen Information:

Manufactured in a facility that may use soy, nuts, wheat, and eggs.

Milk: **YES**, Eggs: **NO**, Nuts: **NO**, Wheat: **NO**, Soy: **NO**

Ingredients:

Yogurt Base: Water, Cultured Skim Milk, Sugar, Skimmed Milk Powder, Dextrose, Skimmed Yoghurt Powder, Acidifier, Citric Acid, Artificial Flavor, Mono & Diglycerides, Guar gum, Carrageenan, Contains Active Live Cultures: *S. thermophilus*, *L. bulgaricus*, *L. Acidophilus*, *Bifidobacterium* ssp., *L. rhamnosus*, *L. casei*. Syrup: Corn Syrup, Malt Syrup, Glucose, Vitamin C, Allura Red AC (FD&C#40), Pineapple Extract, Malic Acid, Potassium Sorbate

PINEAPPLE TART



NON-DAIRY

Margarita Sorbet

(non fat)

Serving Size 1 oz (By weight)

Calories	34	Kcal
Fat Cal	0	Kcal
Fat	0	g
Saturated Fat	0	g
Trans Fat	0	g
Cholesterol	0	mg
Sodium	4	mg
Carbs	8	g
Fiber	0	g
Sugars	5	g
Protein	0	g
Vitamin A	0	%DA
Vitamin C	1	%DA
Calcium	0	%DA
Iron	0	%DA

Allergen Information:

Manufactured in a facility that may use soy, nuts, wheat, and eggs.

Milk: NO, Eggs: NO, Nuts: NO, Wheat: NO, Soy: NO

Ingredients:

Water, Sugar, Corn Syrup, High Fructose Corn Syrup, Maltodextrin, Dextrose, Lemon Juice Concentrate, Lime Juice Concentrate, Guar Gum, Mono & Diglycerides, Locust Bean Gum, Natural Flavor, Turmeric for Color



Non-Alcoholic

MARGARITA SORBET

Piña Colada

(non fat)

Serving Size 1 oz (By weight)

Calories	32	Kcal
Fat Cal	0	Kcal
Fat	0	g
Saturated Fat	0	g
Trans Fat	0	g
Cholesterol	0	mg
Sodium	30	mg
Carbs	7	g
Fiber	0	g
Sugars	6	g
Protein	1	g
Vitamin A	0	%DA
Vitamin C	1	%DA
Calcium	3	%DA
Iron	0	%DA

Allergen Information:

Manufactured in a facility that may use soy, nuts, wheat, and eggs.

Milk: YES, Eggs: NO, Nuts: NO, Wheat: NO, Soy: NO

Ingredients:

Cultured Skim Milk, Sugar, Corn Syrup, High Fructose Corn Syrup, Milk Solids, Whey, Maltodextrin, Pineapple juice concentrate, , Microcrystalline Cellulose, Mono & Diglycerides, Guar Gum, Carrageenan, Cellulose Gum, Pectin, Natural and Artificial Flavor, Turmeric, Sodium Benzoate, Potassium Sorbate. Contains Active Live Cultures: *S. thermophilus*, *L. bulgaricus*, *L. Acidophilus*, *Bifidobacterium* ssp., *L. rhamnosus*, *L. casei*

PIÑA COLADA

Oatmeal Cookie

(non fat)

Serving Size 1 oz (By weight)

Calories	31	Kcal
Fat Cal	0	Kcal
Fat	0	g
Saturated Fat	0	g
Trans Fat	0	g
Cholesterol	1	mg
Sodium	32	mg
Carbs	8	g
Fiber	1	g
Sugars	5	g
Protein	1	g
Vitamin A	0	%DA
Vitamin C	0	%DA
Calcium	4	%DA
Iron	0	%DA

Allergen Information:

Manufactured in a facility that may use soy, nuts, wheat, and eggs.

Milk: YES, Eggs: NO, Nuts: NO, Wheat: YES, Soy: NO

Ingredients:

Cultured Skim Milk, Sugar, Corn Syrup Solids, Whey, Maltodextrin, Oat Flour, Brown Sugar, Flour (Bleached enriched(Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Soybean Oil, Microcrystalline Cellulose, Mono & Diglycerides, Guar Gum, Carrageenan, Cellulose Gum, Natural and Artificial Flavor, Cinnamon. Contains Active Live Cultures: *S. thermophilus*, *L. bulgaricus*, *L. Acidophilus*, *Bifidobacterium* ssp., *L. rhamnosus*, *L. casei*

OATMEAL COOKIE

Raspberry Tart

(non fat)

Serving Size 1 oz (By weight)

Calories	32	Kcal
Fat Cal	0	Kcal
Fat	0	g
Saturated Fat	0	g
Trans Fat	0	g
Cholesterol	0	mg
Sodium	30	mg
Carbs	7	g
Fiber	0	g
Sugars	6	g
Protein	1	g
Vitamin A	0	%DA
Vitamin C	1	%DA
Calcium	3	%DA
Iron	0	%DA

Allergen Information:

Manufactured in a facility that may use soy, nuts, wheat, and eggs.

Milk: **YES**, Eggs: **NO**, Nuts: **NO**, Wheat: **NO**, Soy: **NO**

Ingredients:

Yogurt Base: Water, Cultured Skim Milk, Sugar, Skimmed Milk Powder, Dextrose, Skimmed Yoghurt Powder, Acidifier, Citric Acid, Artificial Flavor, Mono & Diglycerides, Guar gum, Carrageenan, Contains Active Live Cultures: *S. thermophilus*, *L. bulgaricus*, *L. Acidophilus*, *Bifidobacterium ssp.*, *L. rhamnosus*, *L. casei*. Syrup: Corn Syrup, Malt Syrup, Glucose, Fresh Raspberry, Allura Red AC (FD&C Red #40), Raspberry Extract, Malic Acid, Potassium Sorbate

RASPBERRY TART

Red Velvet Cupcake

(low fat)

Serving Size 1 oz (By weight)

Calories	39	Kcal
Fat Cal	5	Kcal
Fat	1	g
Saturated Fat	0	g
Trans Fat	0	g
Cholesterol	2	mg
Sodium	33	mg
Carbs	8	g
Fiber	0	g
Sugars	5	g
Protein	1	g
Vitamin A	0	%DA
Vitamin C	0	%DA
Calcium	3	%DA
Iron	0	%DA

Allergen Information:

Manufactured in a facility that may use soy, nuts, wheat, and eggs.

Milk: **YES**, Eggs: **YES**, Nuts: **NO**, Wheat: **YES**, Soy: **NO**

Ingredients:

Cultured Milk, Skim Milk, High Fructose Corn Syrup, Sugar, Corn Syrup, Skim Milk Solids, Enriched Wheat Flour (flour, Iron, Niacin, Thiamine, Mononitrate, Riboflavin, Folic Acid), Whey, Cocoa, Maltodextrin, Vegetable Shortening, Wheat Starch, Microcrystalline Cellulose, Mono & Diglycerides, Guar Gum, Baking Powder, Salt, Modified Food Starch, Carrageenan, Cellulose Gum, Egg Whites, Natural & Artificial Flavor, Caramel Color, FD&C Red #40. Contains Active Live Cultures: *S. thermophilus*, *L. bulgaricus*, *L. Acidophilus*, *Bifidobacterium ssp.*, *L. rhamnosus*, *L. casei*.

RED VELVET CUPCAKE

NSA

NO SUGAR ADDED

Strawberry Banana

(non fat)

Serving Size 1 oz (By weight)

Calories	27	Kcal
Fat Cal	0	Kcal
Fat	0	g
Saturated Fat	0	g
Trans Fat	0	g
Cholesterol	0	mg
Sodium	32	mg
Carbs	6	g
Fiber	0	g
Sugars	2	g
Protein	1	g
Vitamin A	0	%DA
Vitamin C	1	%DA
Calcium	5	%DA
Iron	0	%DA

Allergen Information:

Manufactured in a facility that may use soy, nuts, wheat, and eggs.

Milk: **YES**, Eggs: **NO**, Nuts: **NO**, Wheat: **NO**, Soy: **NO**

Ingredients:

Cultured Skim Milk, Maltodextrin, Sorbitol, Polydextrose, Natural Flavor (Strawberries, Bananas, Modified Food Starch, Natural Flavor, Aspartame, Citric Acid, Red 40, Blue 1), Mono & Diglycerides, Guar Gum, Sodium Phosphate, Aspartame, Acesulfame Potassium, Locust Bean Gum, Sodium Citrate, Carrageenan. Contains Active Live Cultures: *S. thermophilus*, *L. bulgaricus*, *L. Acidophilus*, *Bifidobacterium* ssp., *L. rhamnosus*, *L. casei*

STRAWBERRY BANANA

Strawberry Tart

(non fat)

Serving Size 1 oz (By weight)

Calories	29	Kcal
Fat Cal	0	Kcal
Fat	0	g
Saturated Fat	0	g
Trans Fat	0	g
Cholesterol	0	mg
Sodium	26	mg
Carbs	6	g
Fiber	0	g
Sugars	6	g
Protein	1	g
Vitamin A	0	%DA
Vitamin C	0	%DA
Calcium	4	%DA
Iron	0	%DA

Allergen Information:

Manufactured in a facility that may use soy, nuts, wheat, and eggs.

Milk: **YES**, Eggs: **NO**, Nuts: **NO**, Wheat: **NO**, Soy: **NO**

Ingredients:

Yogurt Base: Water, Cultured Skim Milk, Sugar, Skimmed Milk Powder, Dextrose, Skimmed Yoghurt Powder, Acidifier, Citric Acid, Artificial Flavor, Mono & Diglycerides, Guar gum, Carrageenan. Contains Active Live Cultures: *S. thermophilus*, *L. bulgaricus*, *L. Acidophilus*, *Bifidobacterium ssp.*, *L. rhamnosus*, *L. casei*. Syrup: Strawberry Concentrate, Malic Acid, Citric Acid, Natural Flavor, FD&C Red#40, Potassium Sorbate

STRAWBERRY TART

Strawberry

(non fat)

Serving Size 1 oz (By weight)

Calories	34	Kcal
Fat Cal	0	Kcal
Fat	0	g
Saturated Fat	0	g
Trans Fat	0	g
Cholesterol	0	mg
Sodium	27	mg
Carbs	7	g
Fiber	0	g
Sugars	6	g
Protein	1	g
Vitamin A	0	%DA
Vitamin C	1	%DA
Calcium	3	%DA
Iron	0	%DA

Allergen Information:

Manufactured in a facility that may use soy, nuts, wheat, and eggs.

Milk: **YES**, Eggs: **NO**, Nuts: **NO**, Wheat: **NO**, Soy: **NO**

Ingredients:

Cultured Skim Milk, Sugar, Corn Syrup Solids, High Fructose Corn Syrup, Maltodextrin, Whey, Strawberries, Microcrystalline Cellulose, Mono & Diglycerides, Guar Gum, Carrageenan, Cellulose Gum, Citric Acid, Natural and Artificial Flavor, FD&C Red #40. Contains Active Live Cultures: *S. thermophilus*, *L. bulgaricus*, *L. Acidophilus*, *Bifidobacterium* ssp., *L. rhamnosus*, *L. casei*

STRAWBERRY

Passion Fruit Tart

(non fat)

Serving Size 1 oz (By weight)

Calories	29	Kcal
Fat Cal	0	Kcal
Fat	0	g
Saturated Fat	0	g
Trans Fat	0	g
Cholesterol	0	mg
Sodium	26	mg
Carbs	6	g
Fiber	0	g
Sugars	6	g
Protein	1	g
Vitamin A	0	%DA
Vitamin C	0	%DA
Calcium	3	%DA
Iron	0	%DA

Allergen Information:

Manufactured in a facility that may use soy, nuts, wheat, and eggs.

Milk: **YES**, Eggs: **NO**, Nuts: **NO**, Wheat: **NO**, Soy: **NO**

Ingredients:

Yogurt Base: Water, Cultured Skim Milk, Sugar, Skimmed Milk Powder, Dextrose, Skimmed Yoghurt Powder, Acidifier, Citric Acid, Artificial Flavor, Mono & Diglycerides, Guar gum, Carrageenan, Contains Active Live Cultures: *S. thermophilus*, *L. bulgaricus*, *L. Acidophilus*, *Bifidobacterium ssp.*, *L. rhamnosus*, *L. casei*. Syrup: Passion Fruit Concentrate, Malic Acid, Citric Acid, Natural Falvor, FD&C Yellow #5, Potassium Sorbate

PASSION FRUIT TART

Mango Tart

(non fat)

Serving Size 1 oz (By weight)

Calories	30	Kcal
Fat Cal	0	Kcal
Fat	0	g
Saturated Fat	0	g
Trans Fat	0	g
Cholesterol	0	mg
Sodium	21	mg
Carbs	6	g
Fiber	1	g
Sugars	6	g
Protein	0	g
Vitamin A	1	%DA
Vitamin C	1	%DA
Calcium	0	%DA
Iron	0	%DA

Allergen Information:

Manufactured in a facility that may use soy, nuts, wheat, and eggs.

Milk: YES, Eggs: NO, Nuts: NO, Wheat: NO, Soy: NO

Ingredients:

Yogurt Base: Water, Cultured Skim Milk, Sugar, Skimmed Milk Powder, Dextrose, Skimmed Yoghurt Powder, Acidifier, Citric Acid, Artificial Flavor, Mono & Diglycerides, Guar gum, Carrageenan, Contains Active Live Cultures: S. thermophilus, L. bulgaricus, L. Acidophilus, Bifidobacterium ssp., L. rhamnosus, L. casei. Syrup: Mango Concentrate, Malic Acid, Citric Acid, Natural Flavor, FD&C Yellow #5, Potassium Sorbate

MANGO TART

S'mores

(non fat)

Serving Size 1 oz (By weight)

Calories	38	Kcal
Fat Cal	0	Kcal
Fat	0	g
Saturated Fat	0	g
Trans Fat	0	g
Cholesterol	0	mg
Sodium	32	mg
Carbs	9	g
Fiber	0	g
Sugars	6	g
Protein	1	g
Vitamin A	0	%DA
Vitamin C	0	%DA
Calcium	3	%DA
Iron	0	%DA

Allergen Information:

Manufactured in a facility that may use soy, nuts, wheat, and eggs.

Milk: YES, Eggs: NO, Nuts: NO, Wheat: NO, Soy: NO

Ingredients:

Cultured Skim Milk, Sugar, Corn Syrup, High Fructose Corn Syrup, Milk Solids, Whey, Maltodextrin, Modified Potatoe Starch, Cocoa Powder (Processed with Alkali), Citric Acid, Microcrystalline Cellulose, Mono & Diglycerides, Guar Gum, Carrageenan, Cellulose Gum, Xanthan Gum, Propylene Glycol, Natural and Artificial Flavor, FD&C Yellow 5, FD&C Yellow 6, Caramel Color, Sodium Benzoate, Potassium Sorbate
Contains Active Live Cultures: *S. thermophilus*, *L. bulgaricus*, *L. Acidophilus*, *Bifidobacterium* ssp., *L. rhamnosus*, *L. casei*

S'MORES

Taro

(non fat)

Serving Size 1 oz (By weight)

Calories	37	Kcal
Fat Cal	0	Kcal
Fat	0	g
Saturated Fat	0	g
Trans Fat	0	g
Cholesterol	1	mg
Sodium	46	mg
Carbs	8	g
Fiber	0	g
Sugars	5	g
Protein	1	g
Vitamin A	0	%DA
Vitamin C	0	%DA
Calcium	5	%DA
Iron	0	%DA

Allergen Information:

Manufactured in a facility that may use soy, nuts, wheat, and eggs.

Milk: YES, Eggs: NO, Nuts: NO, Wheat: NO, Soy: NO

Ingredients:

Sweet Yogurt Base (Cultured Skim Milk, Sugar, Corn Syrup, High Fructose Corn Syrup, Milk Solids, Whey, Maltodextrin, Microcrystalline Cellulose, Mono & Diglycerides, Guar Gum, Carrageenan, Cellulose Gum - Contains Active Live Cultures: *S. Thermophilus*, *L. Bulgaricus*, *L. Acidophilus*, *Bifidobacterium Ssp.*, *L. Rhamnosus*, *L. Casei*.) Taro Powder Mix (Corn Syrup Solids, Hydrogenated Soybean Oil, Sodium Caseinate Dipotassium Phosphate, Mono & Diglycerides, Sodium Aluminosilicate, Sugar, Glucose, Taro Powder, Allura Red AC (FD&C Red #40), Brilliant Blue FCF, Erythrosine.)

TARO

Peanut Butter & Jelly

(low fat)

Serving Size 1 oz (By weight)

Calories	41	Kcal
Fat Cal	6	Kcal
Fat	1	g
Saturated Fat	0	g
Trans Fat	0	g
Cholesterol	0	mg
Sodium	37	mg
Carbs	8	g
Fiber	0	g
Sugars	6	g
Protein	1	g
Vitamin A	0	%DA
Vitamin C	0	%DA
Calcium	3	%DA
Iron	1	%DA

Allergen Information:

Manufactured in a facility that may use soy, nuts, wheat, and eggs.

Milk: YES, Eggs: NO, Nuts: YES, Wheat: NO, Soy: NO

Ingredients:

Cultured Skim Milk, Sugar, Corn Syrup Solids, Peanut Butter, Whey, Natural and Artificial Flavor (propylene glycol, natural and artificial flavor, caramel color), Microcrystalline Cellulose, Mono & Diglycerides, Guar Gum, Carrageenan, Cellulose Gum
Contains Active Live Cultures: *S. thermophilus*, *L. bulgaricus*, *L. Acidophilus*, *Bifidobacterium* ssp., *L. rhamnosus*, *L. casei*

PEANUT BUTTER & JELLY